

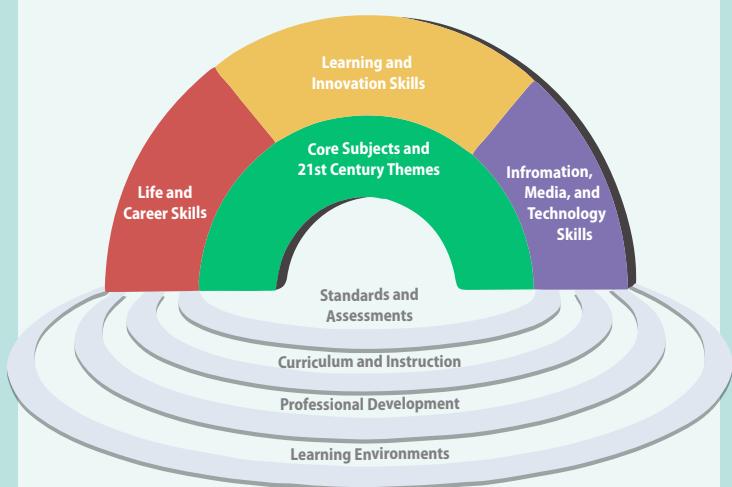
Ten Facts

on Comprehensive School Health and 21st Century Learning

1. Comprehensive School Health is an internationally recognized framework for supporting improvements in students' achievements while addressing school health in a planned, integrated, and holistic way. It encompasses the whole school community in four distinct but inter-related pillars.



2. 21st Century Learning is an internationally recognized approach to education applied to real-world issues: It celebrates technology, collaborations, and global and cultural awareness; It prepares students for the work and life skills they will need to succeed.



3. Comprehensive School Health is a model through which 21st Century Learning can be applied to schools in every jurisdiction and in every geographic reality throughout the country.

4. The 4 pillars of Comprehensive School Health compare with the Student Outcomes and Support Systems of **21st Century Learning** – that students are respected; that each student has skills and strengths; that Knowledge Development, Capacity Building, and Leadership are processes and accomplishments that are championed for students, for schools, for governments, and for support agencies such as the Pan-Canadian Joint Consortium for School Health.

5. Healthy school policy of CSH is framed much in the same way as a 21st century support system – that standards, assessments, curricula, policies, and planning for schools support collaborations and learning communities of students, enhance positive mental health, and promote respect and cultural sensitivities.



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6. Social and physical environments are matched with the 21st Century Learning principles of student engagement, creativity and innovation, and digital technology skills. Students learn best where they are known and respected, where they are safe and have access to equipment for learning and activities, where they develop autonomy and competencies and relatedness skills.

7. Teaching and learning is reflected in the 21st Century Learning core subjects and themes that include health literacy, global awareness, and world languages along with math, geography, and language arts.

Teachers and school health professionals, school administrators, principals, school health coordinators all are a direct link between global technology and curriculum on the one hand, and student health and well-being on the other.

8. Partnerships and services encompass the leadership and flexibility and civic literacy addressed in 21st Century Learning themes.

It is not just about what happens in the classroom. Rather, it encompasses the whole school environment with actions addressing student health, educational and literacies needs during these years and throughout life.

9. Education and the school setting form a critical dimension in child well-being, a cross-roads of essential connections: family and community services interact with 21st century goals of civic responsibility and global knowledges, but also with school health goals of physical activity, healthy eating, and injury prevention (Heuveline et al, 2010).

10. Comprehensive School Health and 21st Century Learning represent more than the buzzwords of the day: they are models reflecting a commitment from decision makers, practitioners, researchers, and communities to help students develop the cognitive, intellectual, social, and global skills they need to have physically and emotionally healthy lives.



*For more information on
Comprehensive School Health and
resources promoting student achievement
and 21st century learning,
please visit the JCSH website:
www.jcsh-cces.ca*



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