

YUKON PHYSICAL LITERACY PROJECT



Getting Yukoners to move better, move more and enjoy regular physical activity.

Promotion and Awareness

Increasing awareness of physical literacy and its role in healthy, human development.

Through social media, presentations, community and school visits and partnerships.

Individual Development

Strengthening the confidence and competence of children and youth to be physically active through fundamental movement skills.

By inspiring and motivating them through community visits and classroom sessions that develop fundamental movement skills and provide positive experiences through participation in events.

Community Support

Building support to develop fundamental movement and sport skills among children and youth.

Through training, resources, networks and partnerships in school and community sport and recreation settings.